

About Us

OUR HISTORY Since 1985, our commitment to serving clients with the highest level of integrity has been unwavering. Our centers, located in the heart of New Hampshire's two largest cities, provide a safe place where those facing unexpected pregnancy can receive accurate information and compassionate, non-judgmental care as they make one of the most difficult decisions of their lives.

Our practical services coupled with our genuine offer to walk alongside them, empower moms and dads with accurate information. Pregnancy center ministry is rooted in the compassion and love of Jesus Christ.

OUR MISSION Real Options empowers individuals to make informed, life affirming decisions relating to pregnancy, sexual health, and relationships by sharing the practical love of Jesus.

OUR PURPOSE Real Options reaches out with the practical love of Jesus by extending compassion and care to women and men who are facing difficult decisions surrounding an unplanned pregnancy. We provide a safe place for women and men to receive options education and support, empowering them to make responsible, informed, and life affirming choices.